

Bark News

THE OFFICIAL MONTHLY NEWSLETTER FROM THE BARKMORE RESORT

Howl've you been?



Paws and Play: September Newsletter Highlights!

🐾 Welcome to the September issue of Bark News! As the heat starts to turn down, we're here to remind you just how much dogs make us feel good—from their wagging tails to the unconditional love they bring into our lives. This month, we've got a special treat for you: a delicious pupcake recipe that's sure to make your furry friend's tail wag even faster. We're also thrilled to introduce Kiki and Grace as our Dogs of the Month, two pups whose playful personalities have stolen our hearts. In other exciting news, we've launched a new 14-day board and train program designed to help your dog learn new skills and behaviors in a fun, structured environment. Don't miss out on our September events, including Back to School Pictures, Furry Football, Pupkin Plushies, and Pupkin Spice Lattes—perfect for getting into the fall spirit with your four-legged companion. Let's make this September one to remember! Enjoy! 🐾



Dogs Make You Feel Good



One of the most obvious perks of having a dog as a companion is the immediate boost of "feel-good vibes" they bring into your life and home. Interacting with dogs triggers a spike in our oxytocin levels, a hormone closely linked to social bonding. This "love injection" enhances our mental well-being. Research has shown that dog owners tend to have more positive social interactions, with their canine companions fostering trust and making them more trustworthy. Additionally, dogs help alleviate symptoms of depression and increase resilience to stress, which is why they are frequently used as therapy animals. Numerous studies have consistently shown that having a pet can help you maintain a more positive and optimistic outlook on life, even during tough times. They can also reduce symptoms of depression and anxiety. Author and animal expert Karen Winegar puts it perfectly: "The human-animal bond bypasses the intellect and goes straight to the heart and emotions, nurturing us in ways that nothing else can." If you're shy, introverted, or not very confident in social situations, your dog can be a great icebreaker. As your dog interacts with other dogs, it's natural to exchange a few words with the other dog owners. This shared interest in dogs makes conversation easier and can boost your confidence in social settings.

Upcoming Daycare Events



SEPTEMBER 4TH
SCHOOL PICTURES

SEPTEMBER 11TH
FURRY FOOTBALL



SEPTEMBER 18TH
PUPKIN PATCH
PLUSHIES

SEPTEMBER 25TH
PUPKIN SPICE
LATTES



Ready for a bark-worthy chuckle?

What do you call a dog magician?

A labracadabrador!



Peanut Butter Pupcake Recipe



Peanut Butter Pupcakes are dog-friendly cupcakes that your pup will love!

Whip up a batch of these, and we guarantee you'll see plenty of wagging tails! They're made with a delicious blend of peanut butter, banana, and honey, all topped off with a creamy peanut butter, cream cheese frosting.

Ingredients for the pupcake:

- 2 tablespoons peanut butter
- 2 tablespoons oil
- 1 medium banana mashed
- 2 tablespoons honey
- 1/2 cup flour
- 1/2 teaspoon baking soda
- 1/4 teaspoon baking powder



For the Frosting:

- 2 ounces cream cheese
- 2 tablespoons peanut butter

Preheat oven to 350°F. Spray a mini muffin pan with cooking spray. Stir peanut butter (make sure to use peanut butter without xylitol), oil, banana, and honey. Stir in flour, baking soda, and baking powder until combined. Evenly distribute in muffin pan. Bake 10-20 minutes, until browned and a toothpick inserted in the center comes out clean. Cool completely before frosting. PB Cream Cheese frosting: stir peanut butter and cream cheese. Frost. Store in refrigerator. Feed to your dog in moderation and enjoy the tail wags and doggy smiles!

Paws-itively Pawsome Pooches of the Month

🐾 Kiki and Grace have been chosen as Dogs of the Month! Kiki is a spirited and curious pup who loves exploring new environments and meeting new friends. Grace, on the other hand, is the epitome of sweetness and calm. She enjoys cozy cuddle sessions and has a soothing presence that makes her a favorite among staff and other dogs. Kiki and Grace's bond is truly special, and it's easy to see why they're both adored. Kiki's lively spirit often inspires Grace to join in on the fun, while Grace's calm presence helps Kiki unwind after a day of excitement. Their unique personalities complement each other perfectly, making them standout stars in the BarkMore community. It's no wonder they've captured the hearts of everyone around them, earning their well-deserved title as Dogs of the Month! 🐾



NEW 14 DAY BOARD AND TRAIN PROGRAM

We have received numerous requests for a short term board and train program, thus have unveiled our two week board and train! BarkMore Resort provides a 14-day Basic Obedience Board and Train program for your dog, where they'll stay overnight during their training. BarkMore believes that effective training comes from understanding the unique personality and needs of each dog. That's why we combine positive reinforcement to encourage desired behaviors and carefully applied negative reinforcement to address unwanted ones. This balanced approach allows us to create a personalized training plan tailored specifically to your dog's temperament and learning style, ensuring they achieve the best possible results. Our goal is to build a strong foundation of trust and respect, helping your dog thrive in any environment. Upon completing the program, our trainers will equip you with information and resources to continue your dog's training at home. They'll demonstrate how to reinforce the behaviors and commands your dog has mastered and offer guidance on addressing any challenges you may encounter.

Board and Train is an excellent option to kickstart your dog's training while you're on vacation, undergoing a remodel, or in the midst of a move. Our program offers accelerated learning by providing dogs with continuous training from our skilled trainers, far surpassing the time spent in traditional classes. This constant engagement helps reinforce new behaviors and lessons more effectively. Daily practice routines ensure that dogs get numerous repetitions of skills, which accelerates their learning process. We take a limited number of attendees so plan ahead to reserve your space!

